

## Gift Voucher for Treatments, Yoga Classes or Workshops

For .....

From .....

Amount.....



Voucher number: INVALID12/20INVALID

**Kenshō - Learn Love Live 見性**

### Delicious Delight—mix and match available

**Ayurvedic foot massage** a delightful combination of oils applied liberally to your lower legs and feet. A treatment from India, using traditional massage techniques and a Kansa wand. This treatment works on the foot chakras to refresh, revitalise and nourish you.

**Mini reflexology treatment** a scrumptious foot treatment for the reflexology points on your feet. You will feel as if you have had a full body massage.

**Hand massage** a yummy, scrummy massage using pre-mixed aromatherapy oils – designed to relax and refresh

**Tip to Toe** - a totally delicious holistic treatment that covers you from your head to your toes. Feel relaxed, a release and refreshed.

### Chakra Charms

**Moving moments** a lovely sequence of mindful movements to work through and awaken the chakras – amazing to help the chakras open for Reiki

**The chakric breath** an enchanting meditation for you to really focus on the chakras prior to receiving Reiki

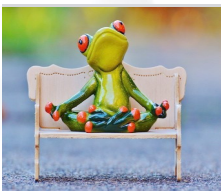
### Revitalising Reiki

**Pure Reiki** an enchanting experience of pure Reiki energy for connection, vision, truth, love, fire, bliss and grounding – relax and enjoy

**Turbo Reiki** a very powerful short blast of Reiki energy to boost all 7 chakras with fewer hand placements – be prepared for feeling great

### DRU Student teacher YOGA

A Gentle class for your mind, body and Soul, suitable for all ages and abilities. City Centre Location



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## Learn ★ Love ★ Live



Gift eVoucher valid for any treatment/workshop or yoga classes, Visit website or FB for details of treatments, workshops or yoga classes

To redeem or to book contact via

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